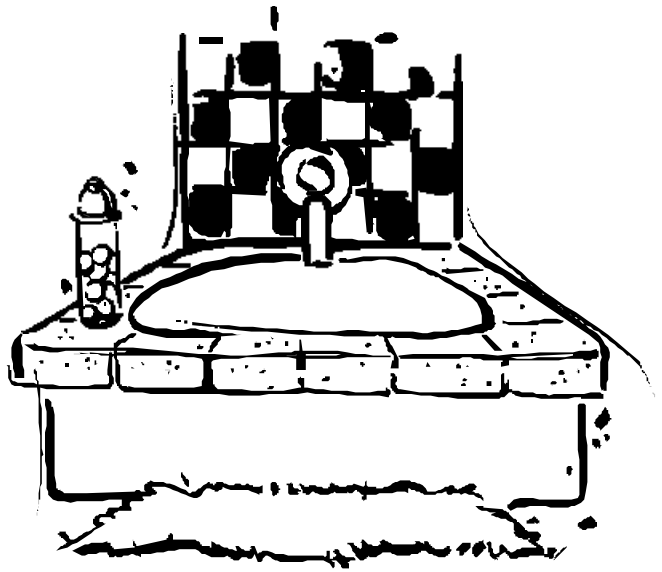
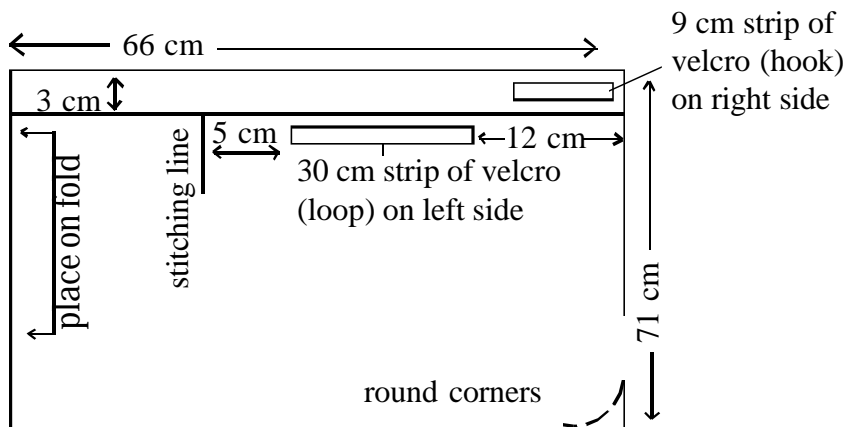


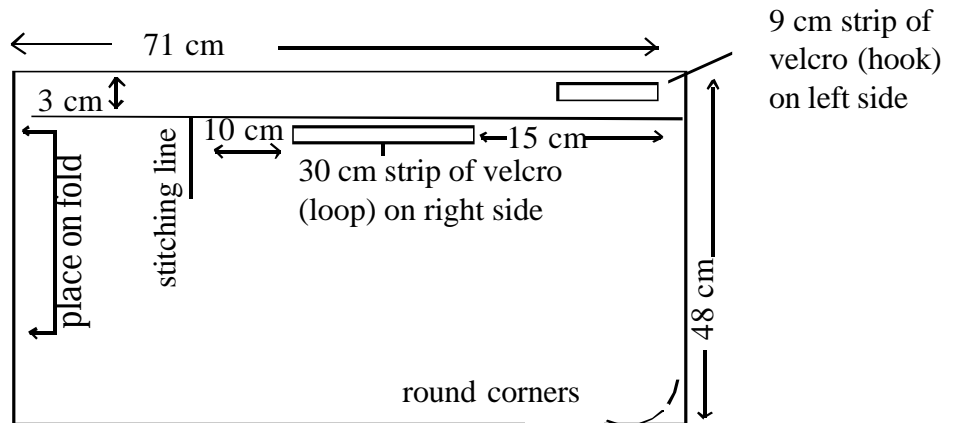
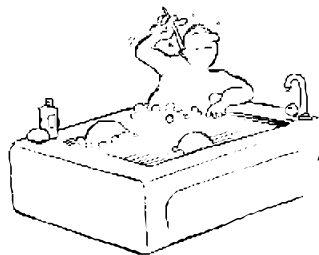
After Bath or Swim Wrap



Measurements for women's after bath wrap:



Measurements for men's after bath wrap:



Embroidery Considerations

This is a napped fabric so special precautions need to be taken.

If your embroidery motif is going to be placed close to the curved edge, you will need to leave this area uncut for hooping.

Methods for napped fabric embroidery

Leaving Fabric Unhooped

- Cut the sticky the same size as the outer hoop.
- Place the two rings of the hoop together and tighten.
- Peel off the backing paper.
- Lay the sticky stabilizer on the table, sticky side up.
- Carefully place the hoop on top of the stabilizer and press to stick, being sure that the stabilizer does not impede the hoop attachment.
- Place the fabric on top of the sticky in the desired position.
- Using a temporary adhesive spray such as 505 or KK2000, adhere a piece of solvy on top of the fabric to prevent loops showing through.
- Embroider your design.



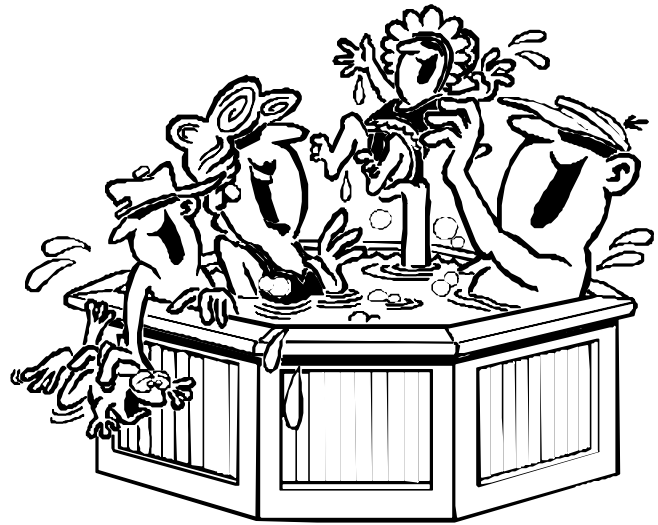
Hooping the Fabric

- Cut two pieces of solvy, approximately 5 cm larger than the hoop.
- Open the hoop considerably to accommodate the thickness of the fabric.
- Lay the outer ring on the table.
- Place one piece of solvy on top of the outer ring.
- Position the fabric on top of the ring and solvy.
- Place the second layer of solvy on top and then the inner ring.
- Hoop tightly.

Construction

- Fold down the top casing and press in place.

- In the back, sew down the casing where the elastic will be inserted as marked by the stitching line on the pattern.



- Cut the elastic 28 - 30 cm.

- Slide the elastic into the casing and stitch the ends in place through the casing and elastic.

- Cut the binding strips 2" by the perimeter of the wrap. Sew them together.

- Run the binding strips through a 1" bias tape maker.

- Sew the binding onto the bath wrap sides and bottom using the method you prefer.

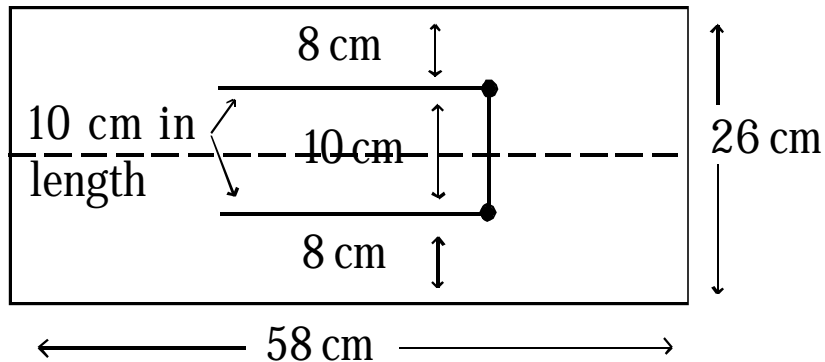
- Finish stitching the casing down from the elastic to the front on both sides.

- Position the velcro as illustrated in the diagram on page 1 and sew.

Head Wrap

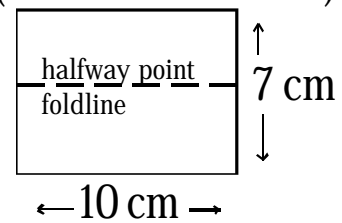
Head Wrap Pattern Pieces

Cut 1 (Wrap)

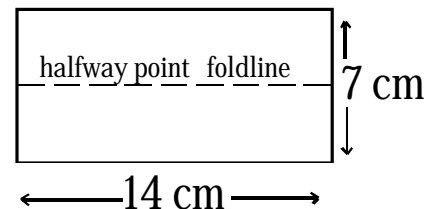


Cut 2

(Extension for ends)



Cut 1 (Knot)



- Hem the 58 cm ends of the head wrap with a 1.5 cm hem.
- Make a pleat in the wrap by bringing the pleat lines wrong sides together and stitching them.
- Press the pleat in place.
- Run a gathering stitch along the two 26 cm ends of the wrap.
- Fold under one 10 cm end of each end extension and press (1.5 cm fold under)
- Gather up the wrap so that it is 10 cm on both ends with the gathering cord.
- With the right side of the extension ends to the under side of the wrap stitch the 10 cm line joining the ends and the wrap.
- Fold the extension ends right side together and stitch the short ends even with the wrap edges. Trim the seam allowances.
- Turn the extension ends right sides out and top stitch the folded edge in place. Attach velcro to the extension ends (hook side should always face out).
- Fold the knot in half with right sides together and stitch the 14 cm edges together.
- Turn to right side and wrap around the centre of the head wrap. Hand stitch into place on the under side.